

Schools to phase out junk food

Within the next four years, schools must stop selling students unhealthy foods with high fat, sugar and salt content - such as pop, candy, and pastries - and will have to cut back on offering other processed, low-nutrient foods such as wieners.

As part of its promise to eliminate junk food in schools by 2009, the B.C. government released guidelines for school food and drink sales early this week. Food and beverages have been divided into four categories.

Knock knock!

Knock knock? President George W Bush certainly got a surprise when he tried to leave a press conference in Beijing... via a locked door.

The US President did his best to put a brave face on his botched exit before the world's media.

BECKHAM ACADEMY 'A DREAM COME TRUE'

By Steve Purcell

ENGLAND Captain David Beckham opened his first football academy today.

The academy, at Greenwich, east London, will provide football training for up to 15,000 youngsters a year and Beckham described it as "a dream come true."

The Real Madrid star hopes the academy will produce future professional footballers, but said the emphasis was strictly on fun and children "enjoying themselves."

Paper plane world record attempt folds badly

A British attempt to break the world paper plane flying record has, literally, hit a wall.

The British team's best performer touched down just 6.8 seconds after its launch by students at Leeds University - more than 20 seconds short of the 27.6 second world record set in Atlanta in 1998.

But it still beat the plane judged to have the best design during the competition in the University's Grand Hall.

Roads gridlock within ten years

by [*Sara Wallis*](#)

TRAFFIC is expected to soar during the next decade, bringing gridlock to Sussex roads.

The Government yesterday said traffic levels in parts of the county were likely to rise by up to 23 per cent within ten years.

The increase would outstrip the rest of the UK, as congestion across the entire country was not expected to exceed 19 per cent.