

Create a Haka

Take inspiration from Maori culture for your own ceremonial group line dance!

9 - 12

Dance



The HAKA
KA MATE KA MATE
It is death, it is death!
KA ORA KA ORA
It is life, it is life!
KA MATE KA MATE
It is death, it is death!
KA ORA KA ORA
It is life, it is life!
TENEI TE TANGATA
This is
PUHURUHURU
The hairy man
NANA I TIKI (MAI)
Who fetched the sun
WHAKAWHITI TE RA
And made it shine again
AH UP ANE UP ANE
Face! Face in a row!
UPANE KAUPANE
Face! Face in a row!
WHITI TE RA
In front of the sun shining!

Equipment

- An open space for the performance
- Video clips of traditional Haka for inspiration
- The lyrics for the All Blacks' Haka
- Face paints and costumes (optional!)
- A camera to film the performances

Activity

The team challenge is to devise a new Haka. It could be part of a **dance** or **drama** class or perhaps as an **ice breaker** for a **PE** event!

The Haka is a ceremonial dance from Maori culture, used by the New Zealand All Blacks rugby team. The traditional lyrics are in the green box and could be chanted together to get everybody in the zone.

It is a group line dance combining a series of powerful movements, foot stomps and rhythmic chanting.

It can be used to build team unity, to intimidate the opposition, to welcome guests or as a celebration.