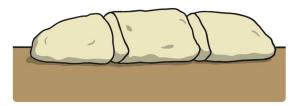
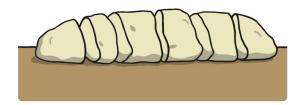
Shaping Bread



First divide your dough into three equal pieces.

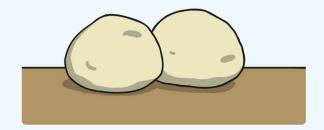


Then divide those in half to make six pieces.

Round Rolls



Work with your partner, each person has one piece. Make a cage over the top of the piece of dough and simply spin it onto the bench.



Stop when you have a round roll.
You don't need any flour.

The Knot



Take another two pieces of dough. have one piece each, and roll them out like you are making an iced bun, they should be a finger like shape. Roll it out longer and thinner then taper the edges slightly.



Now turn it into a knot.